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EESTI MOTIVEERIVA INTERVJUEERIMISE
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Which setting is best to undertake a rigorous RCT of motivational interviewing brief interventions to reduce alcohol consumption in hazardous drinkers for young people?
Autonomy in motivational interviewing brief intervention.

Clive Tobutt

The aim of this presentation is to identify areas in the English criminal justice system where deployment of alcohol screening and Interviewing brief interventions could reduce alcohol consumption and related harms. A rapid review of the existing evidence, both for the prevalence of alcohol use disorders and the effectiveness of screening and brief interventions in criminal justice settings as well as conducting key informant interviews were undertaken. In England, there have been no randomised controlled trials in police custody settings, although there have been feasibility studies. There has only been one trial in the Magistrates Court, and those incarcerated and released from prison would be novel subjects for an RCT, however, with young offenders there are a lack of trials and none from the United Kingdom and with the advancement of AssetPlus screening it would appear more feasible to embed a research team here than in other criminal justice settings. Motivational interviewing brief intervention for alcohol reduction could also be tested along with adjusting the cut off scores for the AUDIT-C. This suggested youth justice setting may offer an advantage than other settings.

Biography

Clive Tobutt is a Registered Nurse (Adult & Mental Health Nursing and Practice Educator). He completed a Post-Graduate Diploma in Addiction Studies at the Institute of Psychiatry, London University and an MSc in Sociology (Health & Illness) from London South Bank University. He is currently a PhD student at the University of Winchester. He is a teaching Fellow (Mental Health Nursing) at Surrey University and a senior lecture at the University of Winchester and teaches at undergraduate and post-graduate levels. He



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undertakes research at the University of Winchester. He has published in reputed journals and has been serving as an editorial board member of the Advances of Dual Diagnosis Journal. He has been a member of MINT since 2009 and undertakes MI training in medical and nursing spheres.